



Taking Medicine—What Gets in the Way?

Think about all of the medicines you take. Mark one answer for each item below.

INCONVENIENCE/ FORGETFULNESS



Lifestyles

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
1 I just forget to take my medicines some of the time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2 I run out of my medicine because I don't get refills on time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3 Taking medicines more than once a day is inconvenient.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TREATMENT BELIEFS



Attitudes and Beliefs

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
4 I feel confident that each one of my medicines will help me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5 I know if I am reaching my health goals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Help From Others

6 I have someone I can call with questions about my medicines.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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Talking With Healthcare Team

7 My doctor/nurse and I work together to make decisions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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BEHAVIOR



Taking Medicines

Have You...

	In the last week	In the last month	In the last 3 months	More than 3 months ago	Never
8 Taken a medicine more or less often than prescribed?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9 Skipped or stopped taking a medicine because you didn't think it was working?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10 Skipped or stopped taking a medicine because it made you feel bad?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11 Skipped, stopped, not refilled, or taken less medicine because of the cost?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12 Not had medicine with you when it was time to take it?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If you checked any answers in the dark blue boxes, talk with your doctor or healthcare professional.